



WORK PACKAGE 4
D4.2

**TRAINING COURSE
WORKBOOKS**

all languages

Training Course Workbooks

This deliverable presents the training course workbooks developed within the INSADIA project to support capacity building and knowledge transfer at international and national levels.

1. Basic information

Project: INSADIA – Inclusion and Safety in the Digital Age
Call: ERASMUS-YOUTH-2022-CB
Number: 101093541

Work Package 4
Deliverable: D4.2

Format: pdf

2. Workbooks – Description and Use

The project developed a set of workbooks to support the implementation of training activities at both international and national levels.

The English workbook was developed for the international Train-the-Trainers course, which lasted 48 hours. It includes the full structure of the training programme, background information for each workshop, methodological explanations, and guidance for facilitators. The English version served as the core reference material for trainers participating in the international training.

The language versions of the workbooks were adapted for national training courses, each lasting 24 hours. These versions were used by participants of the international Train-the-Trainers programme to transfer the acquired knowledge, methods, and activities into their national contexts. The national workbooks focus on practical implementation and support trainers in delivering the programme within local educational and youth work settings.

Together, the workbooks support both capacity building at the international level and sustainable transfer of the programme into national environments.

3. Language versions included

The following language versions are attached as part of this deliverable:

- English
- Bosnian
- Croatian
- Montenegrin
- Hebrew
- Slovenian



Co-funded by
the European Union

